

2023-24 Red Cedar League Rules
Boys/Girls 3rd 4th Grade All Divisions

MHSAA rules except:

Free Throws: The Red Cedar league in all divisions shall use the one-and-one for common fouls beginning with the seventh team foul in the half. The Red Cedar League shall not use the double bonus at the 10th foul but will continue with the one-and-one for common fouls.

Ball

3RD Grade Girls shall use (27.5) Junior Ball

3rd Boys and ALL 4th Grade will use an Intermediate sized (28.5 in.) Ball

Results

Results of all weekly games shall be emailed to your community coordinator or can be submitted by coaches, so that the weekly standings can be updated.

Parents: Do not cross the gym floor for any reason during or after the contest. Meet with players after the contest in a designated area or hallway.

Shooting: No shooting at baskets during halftime or between games for anyone but players participating in the current scheduled contest

3pt shot: Is allowed per MHSAA rules.

Warm up time: Shall consist of the difference of the end of the previous game and the official start time of the next game. If no time is available a maximum of 3 minutes shall be used as warm-up time.

Game Time

- A running clock shall occur whenever the score of the game has a difference of 20 points and shall resume to normal after the score returns to a 15-point difference.
- **3rd grade** will be played using a 4 quarter 10-minute running clock. For the final 2:00 minutes of the 2nd and 4th quarter, a stop clock will be used.
- **4th grade** will be played using a 4 quarter 12-minute running clock. For the final 2:00 minutes of the 2nd and 4th quarter, a stop clock will be used.

Divisions: Teams will be separated into geographical divisions.

Coaches: Two coaches shall be allowed on the bench during games. **Head coaches should wear their schools dark color shirt to be identified by officials.** Scorekeepers shall only keep the book and not serve as additional coaches. Teams not following this rule shall be assessed a technical foul and the team in violation will lose their right for a scorekeeper. The scorekeeper in violation shall be removed from the bench area to the opposite side of the gym. Please clear the bench and after completing handshake. Hold any post game meetings in designated area or hallway.

Coaches Conduct: Public criticism of officials or players is unethical and will not be tolerated. The coach shall respect and support contest officials. The coach shall not indulge in conduct which would incite players or spectators against the officials. ***A sportsmanship technical foul will result in 2 points and possession of the ball to the opposing team that did not commit the technical foul.***

Covid-19: Please be aware of the communities Covid-19 policy and be aware of that's community's requirement. Admission and participation will be followed, or the team's game will be a forfeit.

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Uniforms

Team uniforms may consist of T-shirts and shorts with the player's number on the front and back.

Tournament

The League will conclude with a double elimination tournament. The top half of each division shall play in Bronze I tournament and the bottom half of the divisions shall play in the bronze II tournament. Tie breakers shall be as follows: Head-to-head, points scored, flip of the coin. This shall occur if the league has more than ten teams in this division. The division in the case of odd teams shall be up to the director and all decisions shall be considered final.

Free Throw Line

Will be three feet inside the regulation free throw line and marked with a piece of tape. **Players will use the lower three blocks and abandon the traditional high school block alignment.**

3-Second Rule

Observe a 4-second rule in the free throw lane.

Defense/Offense

Player-to-player defense is required; defensive switches are allowed; "gimmick" offenses or defenses are not allowed. Half court trapping defense is not allowed. Enforcement – 1st offense – Officials warning; 2nd offense – Technical foul.

Pressing

Full court pressing is not allowed.

Time Outs

Each coach will be granted 3 full (1 minute) timeouts per game.

Overtime

In the event of a tied game at the end of a regulation time, a **2-minute overtime period** will be played after a one-minute break. Coaches will be allowed one more timeout. Further 2-minute overtimes will be played until the game is decided.

Ejections: If a player, coach or spectator is ejected from a contest they will be suspended from the next contest. A second offense shall result in removal from the league for the remainder of the season. The host site is responsible for reporting this to the league. Officials shall file an incident report to the host site. This shall be completed in 24 hours and turned in to the league director. ***If a player, coach or spectator is removed from any league tournament or league sponsored tournament they will not be eligible for the remainder of the tournament.***